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DOCTOR
IN PROGRESS

Monthly Students Newsletter

**OCTOBER 2024
EDITION**



OCTOBER 2024

DEAN'S MESSAGE



Prof. Fatma Al Jassmi

Acting Dean of College of Medicine
& Health Sciences, UAE University

Dear Students,

In your journey to becoming skilled and compassionate doctors, I want to highlight a few guiding principles that are essential for your success. First and foremost, consistent attendance and professionalism are fundamental. As future doctors, your presence is critical for patients in urgent conditions, allowing you to respond promptly. Any delay in your attendance could risk a patient's life.

You will hold a position of trust, depended on by patients in their times of need. To earn this trust, you must be reliable and accountable. Just as you are expected to be there for patients when they need you, being consistently present and engaged in your training is crucial to your growth as a competent physician.

Additionally, approach your studies with a genuine passion for knowledge. True mastery in medicine comes from a deep commitment to learning for understanding, not merely achieving high marks. Embrace curiosity, ask questions, and challenge assumptions. By cultivating a genuine dedication to learning, the marks will naturally follow as a byproduct of your competence and preparation. Let us strive to become the kind of doctors our patients deserve—competent, thoughtful, and ever-curious.

Finally, your insight is invaluable to us. We welcome your feedback on how we can improve the learning experience and better support your development. Please feel free to share your ideas with us, as your continuous feedback is essential to improving our program for everyone.

Thank you for your commitment, and let's work together to make this learning journey meaningful and impactful.

OCTOBER 2024

OCTOBER, 2024

Welcome to the first edition of *Doctor in Progress!* As future leaders of medicine, our students are constantly growing, learning, and making strides toward becoming the physicians they aspire to be. This newsletter is a snapshot of that incredible journey—an evolving narrative of progress, challenges, and triumphs.

Doctor in Progress is more than a title; it's a reminder that each of you, step by step, is crafting your professional identity. This platform will serve as a voice for your experiences, a showcase for your achievements, and a guide through the transformative path of medical education.

Here's to progress, growth, and the exciting journey ahead. Happy reading!



Dr. Najla Aljaberi
Assistant Dean of Student Affairs,
CMHS UAE University

MENTORSHIP PROGRAM

Mentorship is a vital tradition in medicine, and CMHS encourages every student, from Years 1-6, to benefit from it. A mentor offers a safe space to explore ideas, discuss challenges, and work towards personal and academic goals. For first and second-year students, mentors are assigned to help them adjust to CMHS. From Year 3 onwards, students can choose their mentors based on their academic or clinical interests.

To request a mentor, students can contact Ms. Asma in the Office of Student Affairs. If you know your preferred mentor, Ms. Asma and Dr. Susan can assist with matching you. Meetings are encouraged at least four times a year, with flexibility as needed.

Additionally, senior students in the PASS program are available as mentors, offering peer support for those navigating similar experiences.

Dr. Syed Javid
Chair of the Student Mentoring and Counselling
Committee

Dr. Susan Waller
Department of Medical Education, CMHS



OCTOBER 2024

STUDENTS NEWS



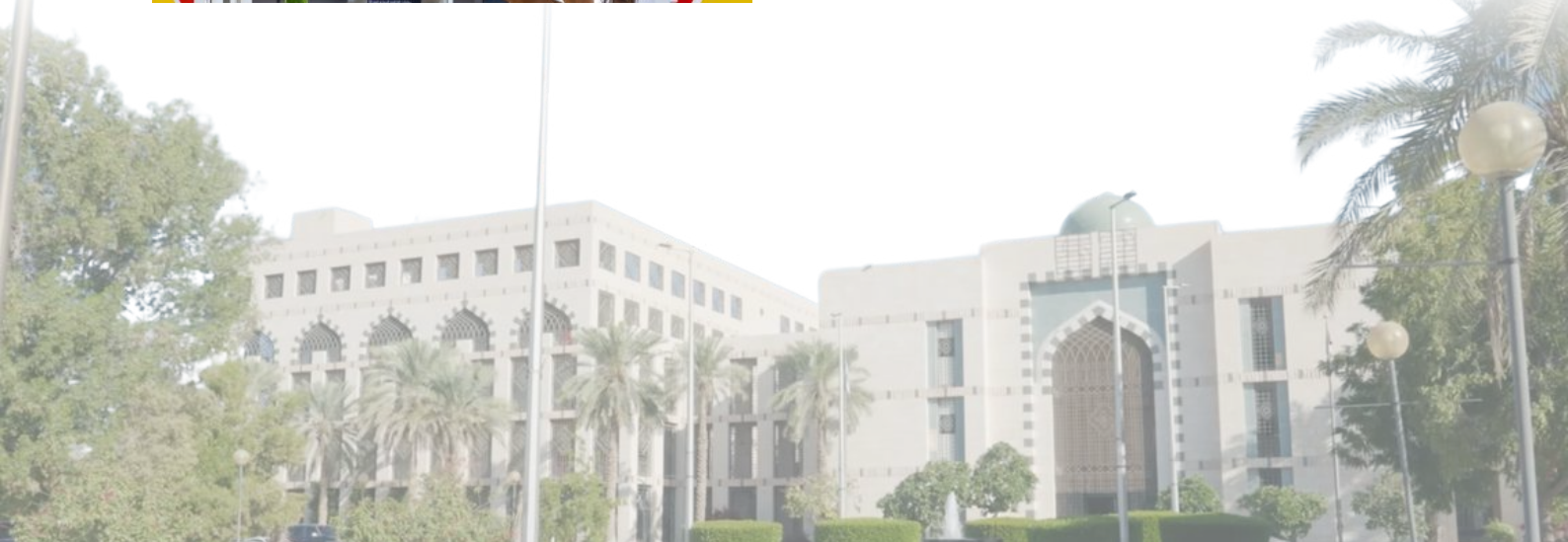
Khalid Sultan Alkindi, a first-year medical student, participated in a 1 km sprint race sponsored by ADNOC, competing across all age categories (0-99). He impressively secured 2nd place, finishing the race in just 2:01 minutes.

Abdelaziz Alshamsi, a fourth year medical student achieved remarkable success at the Al Ain Chess and Mind Games Club's Rapid Chess Championship, which featured over 100 participants from various countries and age groups.

He took first place with an outstanding performance, scoring 8 points!



During the month of October, **Mansour Awda**, a 2nd-year medical student consistently placed in the top 10's out of 90 participants with his horse, 'Emirates Pride', in the national show jumping competitions held in Abu Dhabi and Sharjah.



OCTOBER 2024

STUDENTS NEWS



Fatima Alkaabi, Mezna Almansouri, and Bakhita Alhmeiri, 3rd-year medical students, attended the 14th AdARRC Academy on Friday, October 18th. The course covered topics related to autoimmune and inflammatory conditions within the field of rheumatology, featuring case presentations by various professionals and consultants in medical practice.

Prof. Milos, the Pre-Clinical Program Director, and Prof. Basel Al-Ramadi, the Co-Director, recently honored the **high achievers among 4th-year medical students** for their exceptional performance in both the Renal and Urogenital System Module, where 5 students were honored, and the Gastrointestinal System Module, where 19 students were honored. Congratulations to all the high achievers for their dedication and hard work!



On October 2, 2024, **Saif Ali Alrayssi**, a 2nd-year medical student, showcased his swimming skills at the UAEU Swimming Competition, securing 3rd place in multiple events: 50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly, and the 200m relay. Congratulations, Saif, on this impressive achievement!



OCTOBER 2024

STUDENTS NEWS



Elyazeya Mohammed Almansouri, a 2nd-year medical student, won 2nd place in the prestigious Al Owais Award for Creativity, in the category of Best Scientific Innovation (Youth) during the 28th cycle. Her innovative project focused on predicting electrical fires using artificial intelligence.



Congratulations to **Mezna Almansouri**, a 3rd-year medical student, for receiving the prestigious Emirati Women Achievers Award 2024 by startAD at NYU Abu Dhabi on September 3rd. Under the esteemed patronage of HH Sheikha Fatima bint Mubarak, Mezna was recognized as one of 32 pioneering innovators shaping the UAE's environmental, economic, and social sustainability.



CMHS is very proud of the students who participated at the Applied Research Open Day by Mubadala on Tuesday 29/10/2024. The students were part of research projects that reflect UAEU and Mubadala's collaborative initiative to foster student growth in research and development. The students had a great experience with their mentors.

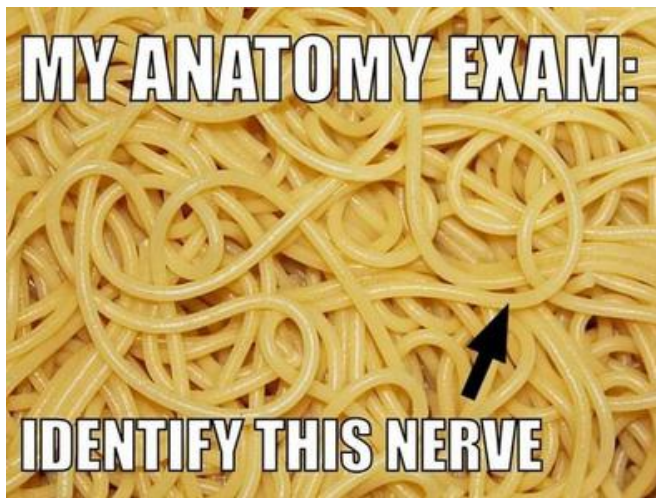
Congratulations to our students for their dedication and achievements in advancing research excellence!



OCTOBER 2024

MEDICAL MEMES

of the month



OCTOBER 2024

PINKtober



MSA, in collaboration with the OBGYN, Oncology, and Psychiatry Interest Groups, organized a Breast Cancer Awareness event from October 14th to 17th. The event featured a range of engaging and educational activities to raise awareness and promote early detection.



OCTOBER 2024

PINKtober



MSA welcomed Dr. Mouza Bin Hamrour Alameri from Tawam Hospital for an interactive session, where she discussed everything about breast cancer, from screening and diagnosis to management and follow-up. It was an insightful session aimed at increasing awareness and understanding of breast cancer care.



Mediclinic and Sebamed also participated in the event, hosting booths and emphasizing the importance of early detection in breast cancer care. It was a highly informative and engaging experience for all attendees.

OCTOBER 2024



On October 16th, the HPSC organized engaging booths at the UAEU main campus to raise awareness about breast cancer. The booths provided non-medical students with valuable insights into the medical aspects of the disease, helping to spread knowledge and promote early detection among the wider student community



The team made sure to highlight that prevention is better than the cure, focusing on ways to reduce the risk of breast cancer. They even created thoughtful postcards with messages motivating women to stay proactive about their health. It was a creative way to spread positivity and encourage early prevention among the students.



OCTOBER 2024



CMHS GOES  PINK!

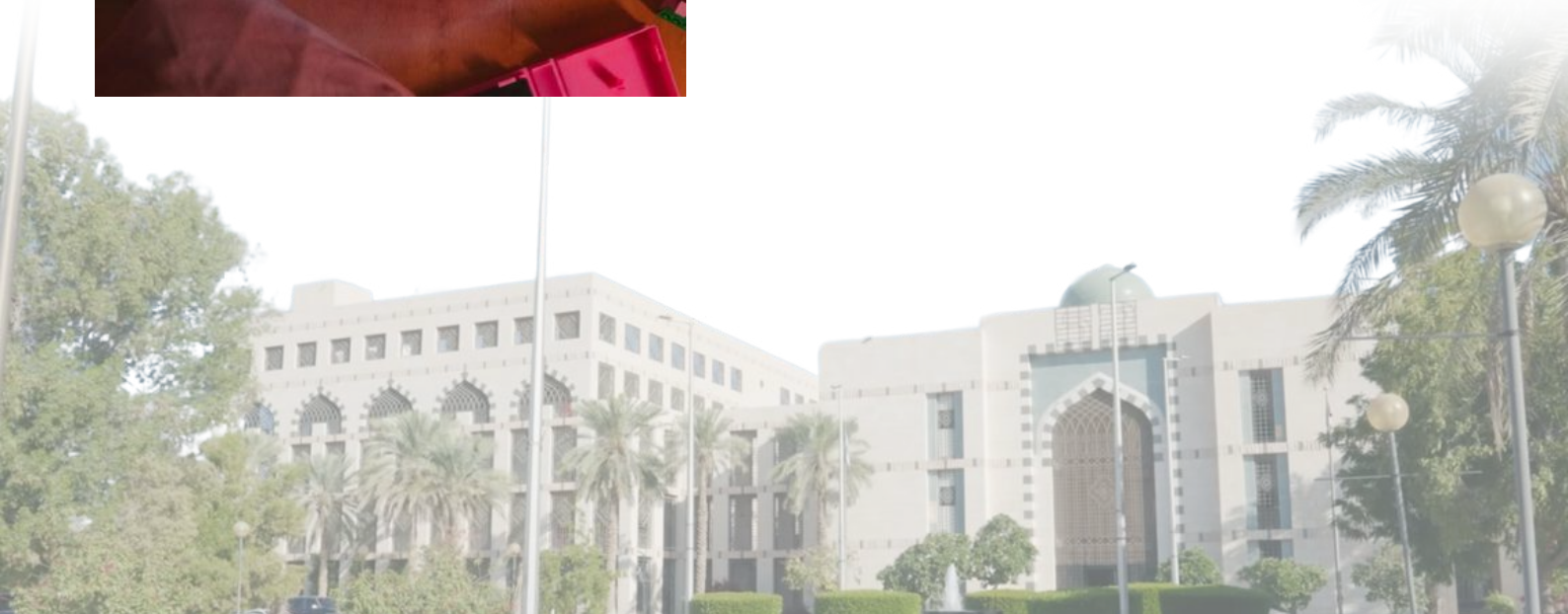
The Media Club kicked off their monthly theme-based photography competition, and this month's theme was "Pink October." Participants were encouraged to capture anything pink to raise awareness for breast cancer.



PHOTOGRAPHY COMPETITION

Winner

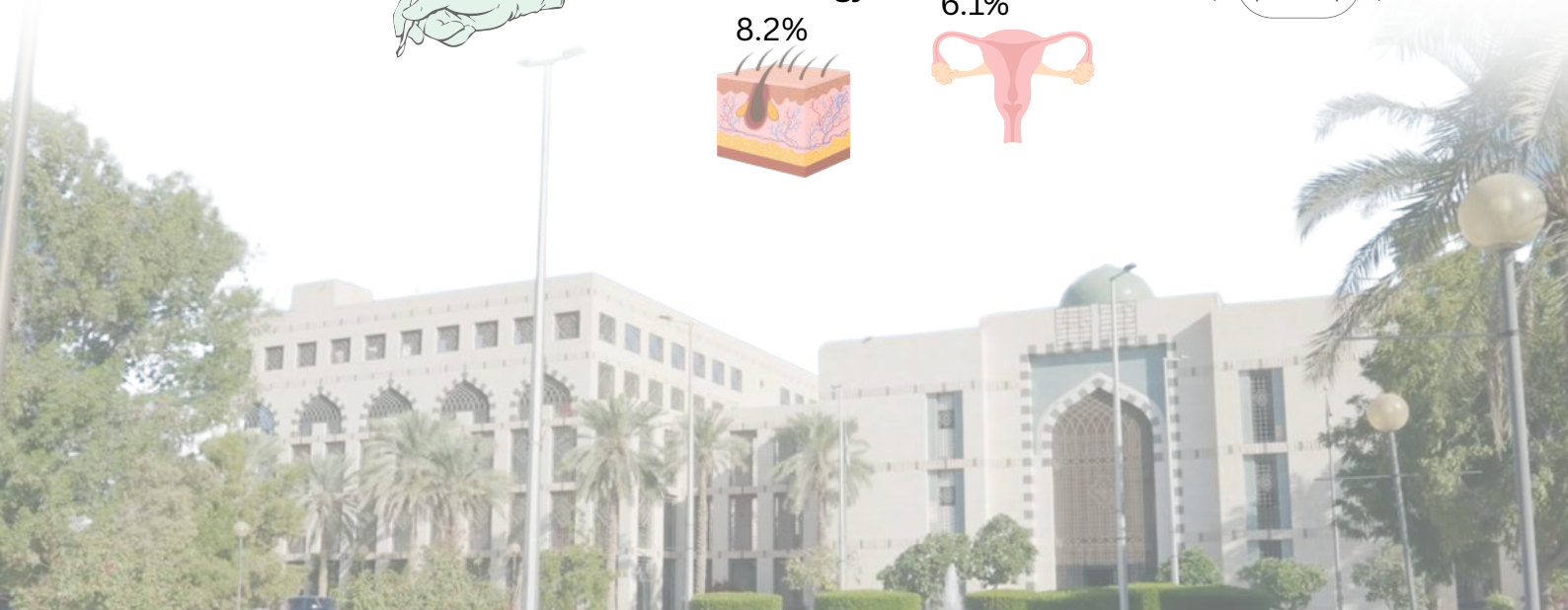
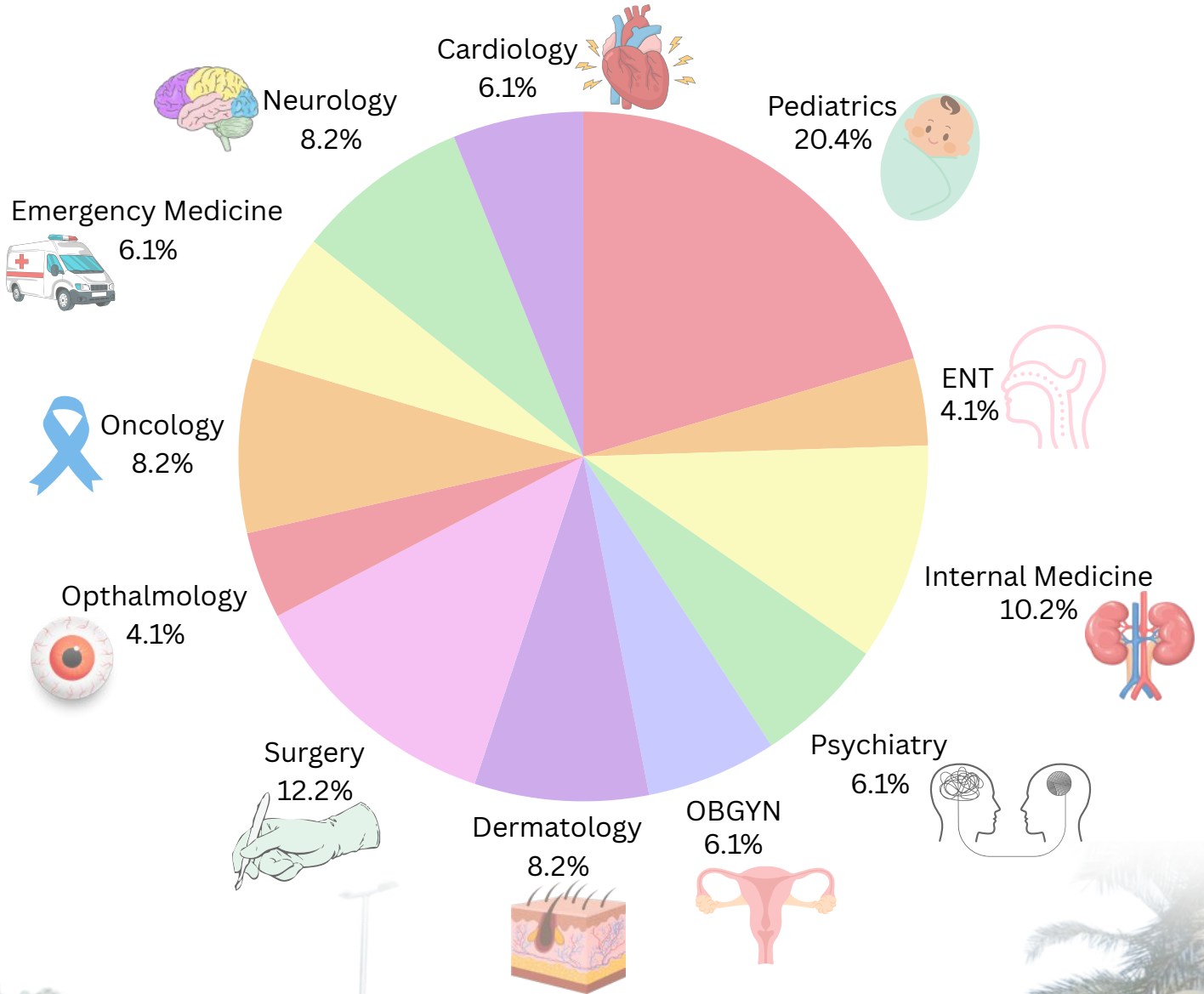
Abdulaziz Ahmed Almehyas
MSC 1



OCTOBER 2024

STUDENTS *Aspirations*

What specialty are you aiming for?



OCTOBER 2024



Medical Students Association



On October 10th, CMHS continued its “Your Journey to Medicine” program by welcoming 29 high school students from Bahithat Al Badia School, Khor Fakkan.

MSA members guided the students through a tour around the college and introduced them to the MD program at UAE University, inspiring the next generation of future healthcare professionals.



We had a great time showing the students from Bahithat Al Badia School around and giving them a taste of what it’s like to be part of the UAEU MD program! We hope to see some familiar faces in the future—who knows? Maybe they’ll be part of the next generation of doctors here at CMHS!



OCTOBER 2024

This month, the new MSA, interest groups, and student clubs were announced! These students are set to make a positive impact at our college, and we encourage everyone to support their efforts. Stay tuned for upcoming events and initiatives from these passionate groups!

INTEREST *Groups*

- Cardiovascular
- Surgery
- Pediatrics
- Endocrinology
- OBGYN
- Trauma
- Urology
- Psychiatry
- Dermatology
- Oncology
- Orthopedics
- Emergency Medicine
- Pathology
- Ophthalmology
- Neurosurgery
- Anaesthesia
- Plastic & Reconstructive
- Medical Genetics
- Infectious Diseases
- Gastrointestinal
- Internal Medicine
- Medical Experience

STUDENT *Clubs*

- Media
- Chess
- Arabic Poetry
- Running
- Happiness
- Art Sense
- Boards & Beyond

THE NEW *MSA*



@mmsa_cmhs

@fmsa.cmhs



الجمعية الطبية الطلابية
Female Medical Students Association

OCTOBER 2024

INTEREST GROUPS



Ophthalmology Interest Group organized an engaging booth in honor of World Sight Day.



Psychiatry Interest Group organized a booth to raise awareness and break the stigma surrounding mental health.



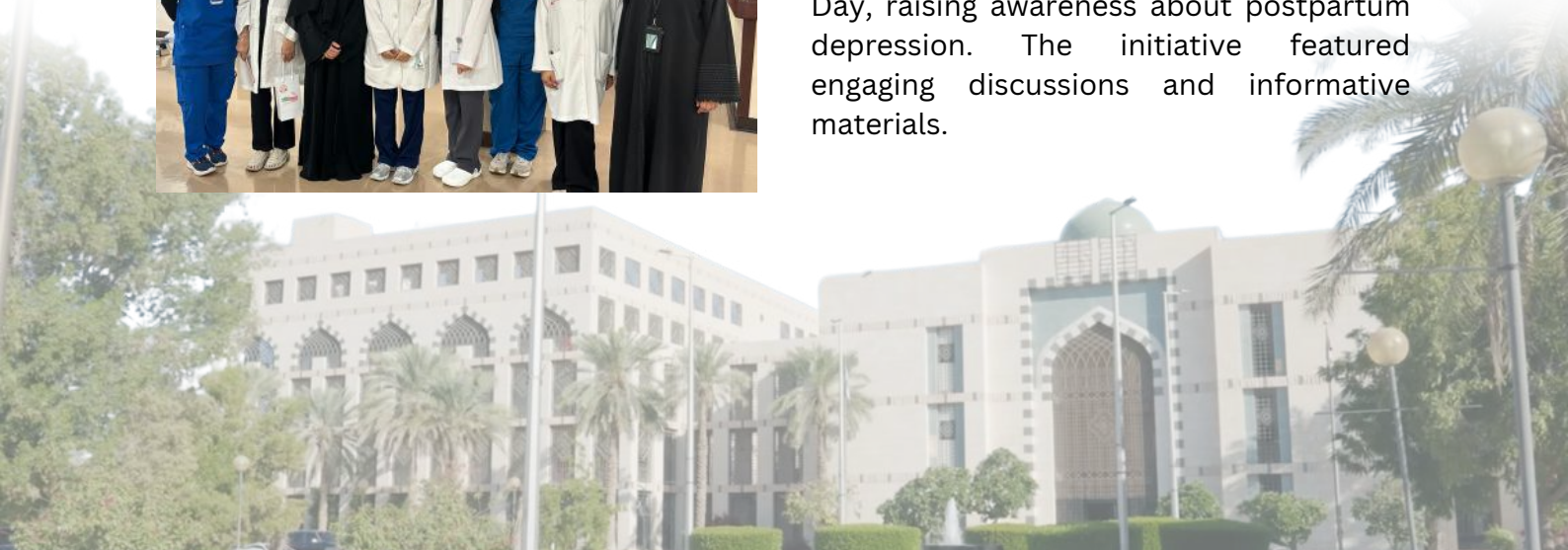
The **Plastic Surgery Interest Group** organized a seminar to raise awareness about breast reconstruction following mastectomy.



The **Dermatology Interest Group**, hosted an insightful case discussion on Plaque Psoriasis, sharing valuable knowledge with medical students interested in the field.



The **Obstetrics and Gynecology Interest Group** organized a successful campaign at Tawam Hospital for World Mental Health Day, raising awareness about postpartum depression. The initiative featured engaging discussions and informative materials.



OCTOBER 2024

Meet the New MSA Members for 2024-2025!

We are thrilled to welcome the new MSA members who will be organizing events, supporting student activities, and fostering collaboration across the college. Stay tuned for exciting updates!

THE NEW MSA

Male Medical Student Association

mmsa@uaeu.ac.ae

Position	Student Name	Student ID	Year
President	Hazza Sarhan Saif Salem Alyahyae	202103699	OSC2
Vice President	Saif Abdulla Saif Sulaiman Al Shamisi	202110472	OSC2
Administrative Officer	Abdulla Saoud Khalid Humaid Alqasemi	202112456	OSC2
Administrative Officer	Saif Khalil Saif Alaryani	202103689	OSC2
Religion Officer	Omar Aboula Hassan Gharib Alblooshi	202206757	MSC2
Media and Publicity Officer	Salman Mohamed Nasser Alnajjar Banialnajjar	202121952	OSC2
Social and Public Relations Officer	Ahmad Hisham Mohammad Elhayek	202110338	OSC2
Scientific and Education Officer	Abdullah AlArwani	202330980	OSC2
Finance Officer	Abdulla Majed Ibrahim Abduraheem Alhosani	202109422	OSC2
Student Affairs Officer	Omar Abdulaziz Abdulrahim Mohamed Alraeesi	202110350	OSC2
Student Affairs Officer	Abdelrahman Mohamed Sulaiman Mirak Alblooshii	202009022	OSC2
Sports and Recreation Officer	Mansour Sultan Zakaria Mohammed Oudah	202202280	MSC2

Female Medical Student Association

fmsa@uaeu.ac.ae

Position	Student Name	Student ID	Year
President	Hind Abdulla Yousef Ali Al-Ali	202101689	OSC2
Vice President	Aryam M. Muhsen Saleh Albreiki	202101221	OSC1
Administrative Officer	Raghad Salem Nasser Husain Alharthi	202100506	OSC1
Administrative Officer	Dana Hamad Ahmed Almutawa Aldhaheeri	202201560	OSC1
Religion Officer	Suaad Masaad Abdallah AlHinai	202307013	MSC2
Media and Publicity Officer	Latifa Nasser Mohammed Saeed Alderei	202114018	OSC1
Social and Public Relations Officer	Arwa Saeed Mohamed Abdalla Almatrooshi	202300322	MSC2
Social and Public Relations Officer	Shahed Khaled Hashem Sharif Alhashmi	202217364	OSC1
Student Affairs Officer	Shaikha Ahmed Esmaeel Mubarak Alzaabi	202106213	OSC1
Student Affairs Officer	Al Yazia Abdulla Hamdan Mohammed Alkaabi	202203228	OSC1
Scientific and Education Officer	Bakhita Saeed Matar Balqauba Alhemeiri	202102386	OSC1
Scientific and Education Officer	Shamsa Mohamed Yousif Hasan BaniYas	202213584	OSC1
Finance Officer	Reem Humaid Abdulla Alafkham Alhmoudi	202101856	OSC2
Finance Officer	Gadayer Moselh Alharbi	202201131	OSC1
Sports and Recreation Officer	Shamah Ghareib Mohamed Saeed Alyammahi	202101230	OSC2

OCTOBER 2024

Meet the Representatives for 2024-2025!

We are excited to introduce the newly elected representatives for each batch. They will be advocating for their peers and leading various initiatives throughout the academic year. We wish them all the best in their roles and look forward to their contributions!

BATCH *Representatives*

Male Student Representatives

Year	Student Name	Student ID	Group
MSC1	Mohammed Ghaith Mohammed Salem Alghaithi	202307670	Representative
MSC1	Ahmed Mahmoud Ali AlZubaidi	202209961	Co-Representative
MSC2	Fahad Sami Fouzee Elsadek	202310502	Representative
MSC2	Rashid Ahmed Deemas Alsuwaidi	202219358	Co-Representative
OSC1	Khalfan Sultan Khalfan Al Nuaimi	202102592	Representative
OSC1	Ghaith Adel Mabrook Al Amri	202212144	Co-Representative
OSC2	Abdulla Saoud Khalid Humaid Alqasemi	202112456	Representative
OSC2	Mohammed Abdulla Mohammed Ali Al Hassani	202103889	Co-Representative
CSC1	Mohammad Anwar Aqil Mahyaddin Albastaki	202006234	Representative
CSC1	Zakaria Husam Zakaria Mohammed Ouda	202001003	Co-Representative
CSC2	Sultan Majed Ibrahim Abdul Raheem AlHosani	201906788	Representative
CSC2	Khaled Abdullah Ramzi Qanadilo	201900377	Co-Representative

Female Student Representatives

Year	Student Name	Student ID	Group
MSC1	Aaesha Ebrahim Mohamed Sharif Alhammadi	202300383	Group A Representative
MSC1	Rawdha Mohamad Sabah Mohamad Alkhalaf	202403482	Group A Co-Representative
MSC1	Amna Ismaeel Ibrahim Ismaeel AlAli	202402222	Group B Representative
MSC1	Khuloud Ahmed Khamis Abdulla Alshamsi	202308932	Group B Co-Representative
MSC2	Maha Dhaen Ahmed Dhaen Almheiri	202304263	Group A Representative
MSC2	Alia S Khalifa Towairesh Alsaeedi	202210099	Group A Co-Representative
MSC2	Fatima M Saeed Saif Alriyami	202208691	Group B Representative
MSC2	Alanood Ali Mohamed Salem Almahri	202303450	Group B Co-Representative
OSC1	Meera Abdulla Ebrahim Albani Alblooshi	202208528	Representative
OSC1	Shamsa Mohamed Yousif Hasan BaniYas	202213584	Co-Representative
OSC1	Shaikha Mohammed Sulaiman Ahmed Al Houqani	202203070	Co-Representative
OSC2	Dana Abdalla Mohamed Abdalla Alnaqbi	202111316	Representative
OSC2	Sara Sayedkhaled Sayedabdulla Alhashmi	202101035	Co-Representative
CSC1	Hend Abdulaziz Husain Ahmed Mohammed	201911882	Representative
CSC1	Afra Mubarak Amer Mubarak Almehairbi	201914421	Co-Representative
CSC2	Maryam Nasser Mohamedali Alfadli	201902315	Representative
CSC2	Mirah Hamdan Hassan Alhadya Alshehhi	201903821	Co-Representative

OCTOBER 2024

FACULTY/STAFF SPOTLIGHT



Prof. Sandeep Subramanya
PreMedical Program Courses Director
Professor, Department of Physiology

Prof. Sandeep Subramanya has passion for teaching medical physiology. Alongside teaching, he conducts research focused on gut inflammation, contributing valuable insights to the field. Outside of academia, Prof. Sandeep Subramanya enjoys staying active through badminton and cycling, and loves exploring new destinations through travel.

Piece of advice: “Be curious, never stop asking why and enjoy your journey”

Mr. Usman Thannikal

Assessment Center Manager, CMHS

“I joined CMHS (that time FMHS) in 1992, January under the Medical Education department, working in the CMHS "Pavillion" classrooms at Alain Hospital. In 2005 I transferred to the college, taking on additional responsibilities related to teaching infrastructure. As of now, I am managing the Assessment Center, which I became involved with at its inception in 2010.”

"CMHS is my big family and will remain my family even when I leave. It is with this family that I have spent the happiest years of my life; I met many unforgettable people who will remain in my memory forever. I have learned a lot from this place; not only did I gain work experience, but I also got to meet people from all over the world without having to travel the globe. I feel overjoyed when I see our graduates holding respectable positions in society and at prestigious institutions. I am very much happy that students remember me after graduation and say hello even in crowded places. CMHS is where my soul truly belongs!”

Piece of advice: “I want to advise the students to attend all classes, study well, and achieve your goals.”



Mr. Usman in 1992!



Mr. Usman in 2024!



OCTOBER 2024

ALUMNI SPOTLIGHT



Dr. Alaa Galadari

Specialist Psychiatrist, SKMC
CMHS Class of 2014

TELL US ABOUT YOUR CAREER JOURNEY AND INTERESTS BEYOND WORK

I'm a specialist psychiatrist working at Sheikh Khalifa Medical City, where I also trained and have been privileged to gain experience in assessing and treating a wide variety of psychiatric cases from multiple cultures. As the largest psychiatric facility in the country, SKMC has provided an exceptional foundation for my career.

This year, I'm excited to be moving to London for specialty training at the Maudsley toward a CCT. This move is the realization of a career-long dream, as I'll be training under experts who publish the guidelines I've used throughout my training and clinical practice. I can't wait for this new chapter.

Outside of work, I have a deep love for art, film, and literature - all forms of human expression. Since medical school, I've been making short films that explore social issues, such as substance misuse. Two of my films were screened at the Cannes Film Festival, and another was shown on BBC Arabia.

My husband and I also welcomed our first son this year. We're excited to raise him with a love for science, art, and hiking, nurturing the same curiosity and passion we share.

WHAT MOMENTS FROM YOUR TIME AT CMHS-UAEU DO YOU APPRECIATE THE MOST?

CMHS was where I spent some of the best years of my life. It's where I met my now best friend and an incredible group of women I call my second family. Many of my fondest memories from CMHS revolve around them whether it was studying together, supporting one another, or working side by side in student leadership roles. I had the honor of serving as president of the student council, with my friends elected to different roles. This experience brought us even closer, as we learned to lead, face challenges, and grow together. That journey helped shape our characters in ways I'll always carry with me.

I feel incredibly grateful to have studied medicine at such a respected institution, where professors were deeply committed to providing us with the best education and guidance.

WHAT ADVICE WOULD YOU GIVE TO CURRENT CMHS STUDENTS?

Make the most of these years, and when you graduate, choose the specialty you truly love, not the one others say is 'better.' Remember that listening to others' advice often means inviting in a blend of their principles, values, and insecurities, which may not align with your own. I learned this the hard way, but it ultimately strengthened my resolve to pursue the career I wanted. At 3 AM, when you're with a patient, it's your love for the work that fuels you. When you choose what you love, it won't feel like just a job- it's a privilege to be exactly where you're meant to be, providing a service you're proud of.

As a psychiatrist, I find the work incredibly rewarding, though I know it's not for everyone. I would say the ones who join are the inquisitive types who don't believe that patients fit into boxes nor is it ever black or white.. the complexity of what we deal with is part of the intrigue. That responsibility, that trust - it's what makes this path truly extraordinary.



OCTOBER 2024

FACULTY NEWS

Dr. Najla Aljaberi was recently featured in the podcast #طبيبك إماراتي on Abu Dhabi News Network. Hosted by Professor Hamid Bin Harmal Al Shamsi, the podcast highlights exemplary Emirati doctors and their global medical achievements. In her episode, Dr. Najla shared her inspiring journey to becoming a Consultant Pediatric Rheumatologist, offering listeners a glimpse into both her personal and professional experiences.

[Click here to view the full episode!](#)



In the same podcast, Dr. Fatima Aldhaheeri was also welcomed as a guest. A consultant in Pediatric Infectious Diseases, she shared her journey into the field and featured the importance of the HPV vaccine. Dr. Fatima also emphasized how vital it is to gain the trust of your patients, especially when practicing in a foreign country, as she experienced during her studies in the United States.

[Click here to view the full episode!](#)

The UAE University celebrated the faculty members promoted in 2024, in recognition of their outstanding academic and research contributions.

Congratulations to: Dr. Taleb Al Mansoori, Dr. Rami Beiram, Dr. Hussam Mousa, Dr. David Alao, Prof. Alia Al Bawardi, Prof. Saeeda Al Marzooqi, Prof. Hassan Elbiss, Prof. Starling Emerald, & Prof. Sandeep Subramanya



A delegation from the CMHS, including Prof. Saeeda (Assistant Dean of Medical Education), Dr. Shadi, Dr. Najla, and Dr. Farah, visited the Lee Kong Chian School of Medicine at Nanyang Technological University in Singapore. Their visit focused on fostering collaboration and exploring advancements in medical education. The team is eager to bring innovative practices and insights back to CMHS to further enhance educational experiences.

OCTOBER 2024

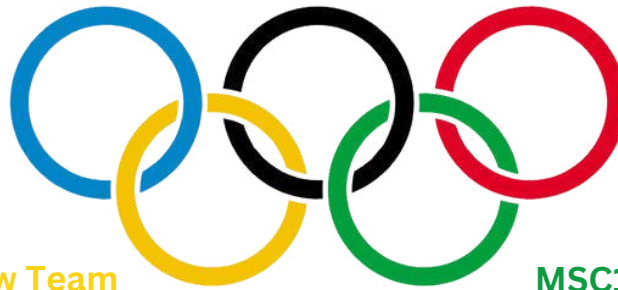
STAY
--CONNECT
COMMUNITY
OLYMPICS

Mark your calendars for the **CMHS Olympics**, organized by the Medical Students Association, happening next Thursday, November 7! All CMHS staff, faculty, and students are invited to join in for a day of games, competitions, and educational booths. Teams will represent each batch, with unique color codes. Don't miss out on the fun and learning!

OSC2 - Black Team

OSC1 - Blue Team

MSC2 - Red Team



CSC1 - Yellow Team

MSC1 - Green Team

CSC2 - White Team

